



POOL SCHEDULE - SCHOOL YEAR

More information is on back of the schedule.

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Monday	Tuesday	Wednesday	Thursday	Friday*	Saturday	Sunday
Lap Swim 6:00 AM - 4:00 PM 6:30 PM - 7:30 PM Water Walking 6:00 AM - 8:00 AM 11:00 AM - 4:00 PM 6:30 PM - 7:30 PM Solo Exercise 6:00 AM - 8:00 AM 11:00 AM - 4:00 PM 6:30 PM - 7:30 PM Open Swim 6:00 AM - 8:00 AM 11:00 AM - 4:00 PM 6:30 PM - 7:30 PM	Lap Swim 6:00 AM - 4:00 PM 6:30 PM - 7:30 PM Water Walking 6:00 AM - 10:00 AM 12:00 PM - 4:00 PM 6:30 PM - 7:30 PM Solo Exercise 6:00 AM - 10:00 AM 12:00 PM - 4:00 PM 6:30 PM - 7:30 PM Open Swim 6:00 AM - 10:00 AM 12:00 - 4:00 PM 6:30 PM - 7:30 PM	Lap Swim 6:00 AM - 4:00 PM 6:30 PM - 7:30 PM Water Walking 6:00 AM - 8:00 AM 10:00 AM - 4:00 PM 6:30 PM - 7:30 PM Solo Exercise 6:00 AM - 8:00 AM 10:00 AM - 4:00 PM 6:30 PM - 7:30 PM Open Swim 6:00 AM - 8:00 AM 10:00 AM - 4:00 PM 6:30 PM - 7:30 PM	Lap Swim 6:00 AM - 4:00 PM 6:30 PM - 7:30 PM Water Walking 6:00 AM - 10:00 AM 12:00 PM - 4:00 PM 6:30 PM - 7:30 PM Solo Exercise 6:00 AM - 10:00 AM 12:00 PM - 4:00 PM 6:30 PM - 7:30 PM Open Swim 6:00 AM - 10:00 AM 12:00 - 4:00 PM 6:30 PM - 7:30 PM	Lap Swim 6:00 AM - 1:00 PM 3:30 PM - 7:30 PM Water Walking 6:00 AM - 8:00 AM 10:00 AM - 1:00 PM 3:30 PM - 7:30 PM* Solo Exercise 6:00 AM - 8:00 AM 10:00 AM - 1:00 PM 3:30 PM - 7:30 PM* Open Swim 6:00 AM - 8:00 AM 10:00 AM - 1:00 PM 5:30 - 7:30 PM Slide 6:00 -7:30 PM	Lap Swim 8:00 AM - 1:30 PM Water Walking 8:00 AM - 1:30 PM Solo Exercise 8:00 AM - 1:30 PM Open Swim 10 AM - 1:30 PM	Lap Swim 1:00 PM - 4:30 PM Water Walking 1:00 PM - 4:30 PM Solo Exercise 1:00 PM - 4:30 PM Open Swim 1:00 PM - 4:30 PM
Monday - Thursday from 4:00 PM - 6:30 PM, the schedule changes based on swim lessons and community programming. Please be respectful of our classes. Thank you kindly for supporting our young swimmers!				*See reverse side for more information about Friday activities.		
Must be 18 to use the hot tub or sauna.						
HOT TUB 6:00 AM - 7:30 PM Sauna 6:00 AM - 7:30 PM	HOT TUB 6:00 AM - 7:30 PM Sauna 6:00 AM - 7:30 PM	HOT TUB 6:00 AM - 7:30 PM Sauna 6:00 AM - 7:30 PM	HOT TUB 6:00 AM - 7:30 PM Sauna 6:00 AM - 7:30 PM	HOT TUB 6:00 AM - 1:00 PM 3:30 PM - 7:30 PM Sauna 6:00 AM - 7:30 PM	HOT TUB 8:00 AM - 1:30 PM Sauna 8:00 AM - 1:30 PM	HOT TUB 1:00 PM - 4:30 PM Sauna 1:00 PM - 4:30 PM

* **See Friday** information on the **back** of this schedule for **more information (e.g., space, times)**.

Rules: Pool and hot tub **rules** can be found online.

General Age Policy: Children **7 and under** must have an adult must be in the water in arms reach, **8-13** adult must be on the pool deck. **Deep water test** required for minors. **More information** on our age policy and deep water test can be found **online**.

Break Weeks: During program break weeks, the schedule will generally remain the same; **however** from 12:00 pm - 1:00 pm, and 4:00 pm - 6:30 pm the schedule may be adjusted. We will post a break week schedule as soon as we can before the break week.

*This schedule **subject** to **change** without notice. We will **try** to **update Facebook** with last minute changes.*

Daily Activities on the Pool Schedule

Lap Lanes

Reserved for lap swimming - two per lane. If more than two, you may circle swim if all swimmers agree. If the number of lanes available is reduced because of scheduled activities, the time on the schedule is followed by (#).

Water Walking (WW)

Water walking in Lane 1.

Solo Ex (SE)

Work out in the slide area.

Open Swim

The shallow area, slide area, and Lane 1 are open to all patrons.

Slide/Mushroom

The slide is scheduled to be open on Fridays from 6:00 pm - 7:30 pm. This coincides with Family Nights.

The mushroom can be turned on at the lifeguards' discretion based off varying factors (e.g., number of swimmers, lifeguards, other activities).

Swim Lessons

Our swim lessons during the school year are Monday - Thursday, 4:00 PM - 6:30 PM. Our sessions run for 7- weeks, so if there is extra space available during that time, we will make every effort to allow people to swim. Please understand that we will NOT know what those exact times are until the session starts or the week after as there are many factors that determine the space we need. We also have private swim lessons throughout the day. Please be respectful of swimmers.

Water Exercise Classes

These are part of our fit - pass. Please purchase your Fit - Pass at the Welcome Center and join us for healthy fun! If there are fewer than 15 people in the class people may participate in SE.

Other Activities in the Pool

Inservice Training

Dates and times are to be determined! When there is in - service, the pool and hot tub will be closed.

Lifeguard Class

To be determined! This will only effect a couple lanes and we will post dates and times ahead of time.

Schools Out Day Swim

When Rhinelander schools are closed, OPEN SWIM will be closed from 12:00 PM - 1:00 PM, WW and SE will be in one of the lanes and there will be 2-3 lap lanes available.

Fridays

*The pool and hot tube are closed 1:00 PM – 3:30 PM.

*Afterschool kids swim from 4:00 – 5:00 PM on days the Rhinelander School District has school. If Rhinelander School District does not have school, the kids swim from 12:00 - 1:00 PM, and there is open swim from 3:30 PM - 7:30 PM. While the afterschool kids are swimming, WW and SE takes place in one of the lanes, and lap swim takes place in two or three lanes depending on the size of the afterschool group.