



GYM SCHEDULE - Summer 1- 2026

YMCA OF THE NORTHWOODS: June 8 - July 18 RAINY DAY SCHEDULE

Updated 5/27/2026

This schedule is subject to change. If there is no scheduled program or reservation the gym is open to use.

The Y has the right to make changes to the schedule at anytime and move any program into the Gym at anytime.

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST
6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	6:00AM	10:00AM	10:00AM
			7:30 AM Stretching				7:30 AM Stretching				
8:00AM	8:00AM Coed Open Basketball	8:00AM Summer Camp	8:30 AM	8:00AM Summer Camp	8:00AM Coed Open Basketball	8:00AM Summer Camp	8:30 AM	8:00AM Summer Camp	8:00AM Coed Open Basketball		
	10:00AM				10:00AM		10:00 AM Youth Soccer		10:00AM		
11:30AM		11:30AM		11:30AM		11:30AM	11:40 AM	11:30AM			
12:00PM Summer Camp		12:00PM Summer Camp		12:00PM Summer Camp		12:00PM Summer Camp		12:00PM Summer Camp		2:00PM	2:00PM
2:30PM	3:00 PM Floor Hockey Youth	2:30PM		2:30PM	3:00 PM T-ball Youth	2:30PM	3:00 PM Lacrosse Youth	2:30PM			
	4:00 PM		4:00 PM Flag football Youth		3:55 PM		3:55 PM				
	4:00 PM Youth Volleyball		5:00 PM		4:00 PM Youth Basketball		4:00 PM Kickball Youth				
	6:30 PM						4:55 PM				
					7:00 PM						

Summer session kids take precedence of the gym at any point in time. Thanks for your understanding!



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GYM SCHEDULE — Summer 1

Youth Soccer - 1-3 PM, starting 6/22/26-6/26/26
Youth Lacrosse - 1-2 PM, starting 6/29/26-7/3/26
Youth Archery - 1-3 PM, starting 7/13/26-7/17/26

PLEASE SEE THE SUMMER PROGRAM GUIDE FOR CLASS DESCRIPTIONS.