

YOUTH AND TEEN SPRING 2026

Session Dates: April 13 - June 7

Registration Dates: Members March 30th | Non-Member: April 2nd

Youth Programs

Register Here 

Program	Class	Age	Day	Start	End	Member	Non-Memb	Instructor	Location	No Class
Youth Sports	Active Dance	2-5	Fri	9:00 AM	9:45 AM	\$33.00	\$58.00	Marcela	Sports Complex	
Youth Sports	Pre Sports	3-6	Wed	10:30 AM	11:00 AM	\$33.00	\$58.00	Marisa	YDC	
Youth Sports	Pre Sports	3-6	Thu	10:30 AM	11:00 AM	\$33.00	\$58.00	Marisa	East Gym	
Youth Sports	Active Dance	4-8	Mon	4:00 PM	4:45 PM	\$28.00	\$49.00	Marcela	Aerobics	5/25
Youth Sports	Soccer	6-11	Mon	4:00 PM	4:55 PM	\$28.00	\$49.00	Lucas	East Gym	5/25
Youth Sports	Floor Hockey	7-12	Tue	4:00 PM	5:00 PM	\$33.00	\$58.00	Lucas	East Gym	
Youth Sports	Lacrosse	7-12	Wed	5:00 PM	5:55 PM	\$33.00	\$58.00	Marisa	East Gym	
Youth Enrichment	Adventures in Art	6-12	Thu	4:00 PM	4:55 PM	\$33.00	\$58.00	Jealene	Teen Lounge	
Youth Enrichment	Baking	6-18	Wed	3:45 PM	4:45 PM	\$40.00	\$65.00	Marisa/Jealene	Teen Lounge	

Teen Programs

Program	Class	Age	Day	Start	End	Member	Non-Memb	Instructor	Location	No Class
Teen Night	Teen Night	12-17	Fri	6:00 PM	8:00 PM	\$0.00	\$5.00	Marisa	YMCA	
Teen fit Pass	Pool	12-17	Thu	5:45 PM	6:30 PM	\$5.00	\$25.00	Aquatics Staff	Pool	
Teen fit Pass	Basketball	12-17	Wed	4:00 PM	5:00 PM	\$5.00	\$25.00	Emma	East gym	
Teen fit Pass	Volleyball	12-17	Fri	4:00 PM	5:00 PM	\$5.00	\$25.00	Marisa	East gym	
Teen fit Pass	Teen lounge	12-17	Tue	4:00 PM	5:00 PM	\$5.00	\$25.00	Marisa	Teen Lounge	
Teen fit Pass	Lifting	12-17	Mon	4:00 PM	5:00 PM	\$5.00	\$25.00	Brandon	Wellness Center	5/25
Teen fit Pass	Ultimate Frisbee / Red Rover	12-17	Thu	4:00 PM	5:00 PM	\$5.00	\$25.00	Brandon	East gym	

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Gymnastics

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Program	Class	Age	Day	Start	End	Member	Non-Meml	Instructor	Location	No Class
Parent & Child Gymnastics	Beginner	2-4	Sun	1:45 PM	2:30 PM	\$45.00	\$80.00	Alexis	Sports Complex	
Parent & Child Gymnastics	Beginner	2-4	Tue	8:30 AM	9:15 AM	\$45.00	\$80.00	Marisa	Sports Complex	
Parent & Child Gymnastics	Beginner	2-4	Wed	9:20 AM	10:05 AM	\$45.00	\$80.00	Marisa	Sports Complex	
Parent & Child Gymnastics	Beginner	2-4	Thu	8:30 AM	9:15 AM	\$45.00	\$80.00	Marisa	Sports Complex	
Parent & Child Gymnastics	Intermediate	3-5	Sun	2:35 PM	3:20 PM	\$45.00	\$80.00	Alexis	Sports Complex	
Parent & Child Gymnastics	Intermediate	3-5	Wed	8:30 AM	9:15 AM	\$45.00	\$80.00	Marisa	sports Complex	
Parent & Child Gymnastics	Intermediate	3-5	Thu	9:20 AM	10:05 AM	\$45.00	\$80.00	Marisa	Sports Complex	
Gymnastics	Intro 1	5-7	Mon	3:45 PM	4:40 PM	\$47.00	\$85.00	Koda	Sports complex	5/25
Gymnastics	Intro 1	5-7	Tue	4:00 PM	4:55 PM	\$55.00	\$100.00	Hannah/Helina	Sports complex	
Gymnastics	Intro 1	5-7	Thu	3:45 PM	4:40 PM	\$55.00	\$100.00	Koda/Helina	Sports complex	
Gymnastics	Intro 1	5-7	Thu	4:45 PM	5:40 PM	\$55.00	\$100.00	Koda/Helina	Sports complex	
Gymnastics	Twisters	6- 18	Sun	3:00 PM	3:55 PM	\$55.00	\$100.00	Karly/Aleece	Sports Complex	
Gymnastics	Twisters	6- 18	Mon	3:45 PM	4:40 PM	\$47.00	\$85.00	Karly/Helina	Sports Complex	5/25
Gymnastics	Twisters	6- 18	Tue	3:45 PM	4:40 PM	\$55.00	\$100.00	Koda	Sports Complex	
Gymnastics	Boys	7-12	Mon	3:45 PM	4:30 PM	\$47.00	\$85.00	Matt	Sports Complex	5/25
Gymnastics	Flippers	7-18	Sun	2:00 PM	2:55 PM	\$55.00	\$100.00	Karly/Aleece	Sports complex	
Gymnastics	Flippers	7-18	Mon	4:45 PM	5:40 PM	\$47.00	\$85.00	Karly/Helina	Sports complex	5/25
Gymnastics	Flippers	7-18	Tue	4:45 PM	5:40 PM	\$55.00	\$100.00	Koda	Sports complex	
Gymnastics	Intro 2	7- 18	Mon	4:45 PM	5:40 PM	\$47.00	\$85.00	Koda	Sports Complex	5/25
Gymnastics	Intro 2	7- 18	Tue	5:00 PM	5:55 PM	\$55.00	\$100.00	Hannah/Helina	Sports Complex	
Competitive Gymnastics	Pre team	6- 18	Mon & Wed	5:00 PM	6:30 PM	\$105.00	Members O	Kristina/Virgin	Sports Complex	